

Youth Player Development Plan:

Self-Identification Worksheet

1. Who is your favorite professional soccer player? Search for skill videos/highlights of the players below or others and choose the most exciting player.

Common Heroes of the Game	
<u>Women</u>	<u>Men</u>
Alex Morgan	Christian Pulisic
Mal Pugh	Clint Dempsey
Rose Lavelle	Cristiano Ronaldo
Tobin Heath	Lionel Messi

2. What about his/her style of play makes you like this player?
3. Name at least 3 skill moves you saw them use in the videos you've watched. (ex. Drag-back, V's, Scissors, La Croqueta/Foundations, etc.)
 1. _____
 2. _____
 3. _____
4. Which position would you like to play most? Why?
5. Name 2 skill moves you want to master and use in games this year.
 1. _____
 2. _____

